



Summer's Here

Longer days. More sunshine. More reasons to feel good in your skin.

We know your inbox is full and your calendar probably is too, so we'll keep this one short.

Now let's dive into the good stuff ... June specials.



hello SUMMER Sale!

LOOK GOOD. FEEL CONFIDENT.
ENJOY SUMMER TO THE FULLEST. ♥



\$500 OFF

2 SYRINGES OF
JUVÉDERM® VOLUX®

ENHANCE DEFINITION. REFINE YOUR LOOK.
LONG-LASTING. NATURAL RESULTS.

\$500 SAVINGS



15% OFF

TRIPOLLAR® PACKAGES

TIGHTEN. TONE. TRANSFORM.
ADVANCED TECHNOLOGY FOR
REAL, VISIBLE RESULTS.

15% OFF



\$99

COLORESCIENCE® SPF DUO

PROTECT. PERFECT. GLOW.
THE ULTIMATE DAILY DEFENSE.

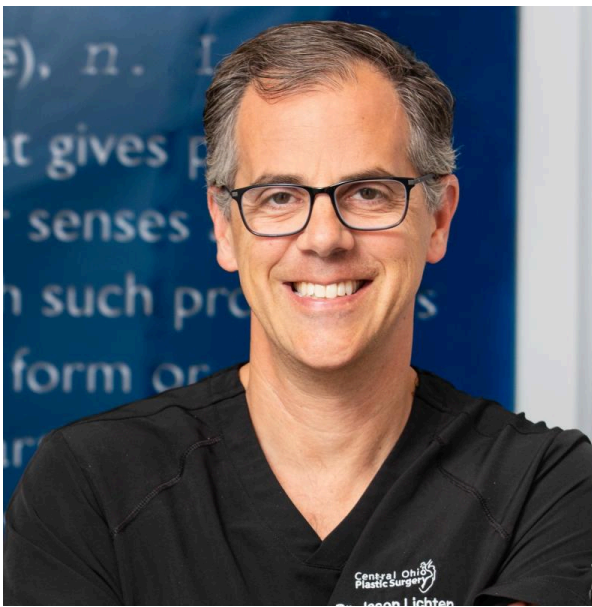
**PERFECT
SPF PAIR
FOR SUMMER!** ♥

You deserve to look and feel your best. ♥

LIMITED TIME ONLY – BOOK YOUR APPOINTMENT TODAY! | ☀️ | RADIATE CONFIDENCE ALL SUMMER LONG.

Offers cannot be combined with other promotions. While supplies last. Restrictions may apply.
Ask a provider for details.

Q&A with Dr. Lichten: The Wear Your Sunscreen Edition



Q: Do I really need sunscreen every single day?

A: Yes. Sun damage is cumulative so consistent application is key when it comes to sunscreen. So, **"yes" to sunscreen** even when it's cloudy, even if you "won't be outside long," and even if you're mostly in the car.

Q: What's the biggest sunscreen mistake people make?

A. Most people don't apply or re-apply enough. Much as we'd like it to be, sunscreen isn't a one-and-done product, especially during the summer. Wear it and re-apply it anytime you're sweating, swimming, walking outdoors, or spending extended time in the sun. **[Watch Dr. Lichten as he shares tips on how to best apply sunscreen.](#)**

Q: Mineral or chemical sunscreen?

A. Your choice. The best sunscreen is the one you'll wear every day.

Q: Is makeup with SPF enough?

A. No, not by itself. Think of it as bonus coverage, not full protection.

Q: Do darker skin tones still need sunscreen?

A. Absolutely. Everyone benefits from daily sun protection.

[Got a question? Ask Dr. Lichten.](#)



5 Reasons TriPollar® Is a Summer Favorite



Some treatments make more sense in the summer than others, and [TriPollar](#) is definitely one of them.

Patients love that it fits easily into busy schedules while helping skin look smoother, tighter, and more refreshed without surgery or downtime.

Here are a few reasons it's a seasonal favorite:

1. No Downtime

Summer schedules don't leave much room for recovery time. One of the reasons patients love TriPollar is that there's no need to put life on pause. No hiding out at home. No taking time away from vacations, pool days, patio dinners, weddings, or weekend plans.

2. Natural-Looking Results

TriPollar® is ideal for patients who want to look refreshed, but not dramatically different. Treatments help support smoother, tighter-looking skin while keeping

results subtle, natural, and never overdone.

3. It Fits Easily Into Busy Summer Schedules

Between travel, family events, and packed calendars, summer tends to move fast. Treatments are quick, comfortable, and easy to work into even the busiest schedule.

4. Comfort Counts

Not every aesthetic treatment requires numbing, recovery, or a lot of preparation. Patients often describe TriPollar® treatments as comfortable and easy, which is great if you're looking for a low-maintenance approach to skin tightening.

5. It's the Definition of a "Subtle Refresh"

Sometimes the best results are the ones people can't quite pinpoint. A little tighter. A little smoother. A little more confident in every kind of summer lighting.

See For Yourself



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Questions? Concerns? Appointment?
Call Central Ohio Plastic Surgery at 740-653-5064



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