

Central Ohio Plastic Surgery



October is the season of tricks and treats — and cosmetic procedures are no different. Some give you an instant boost. Others require a little patience and planning. Here's how to know which is right for you.

The Treats: Instant Results

Perfect when you want to look refreshed right away:

- [Botox®](#) and Fillers: Visible results in days.
- Light [Peels](#) & [Facials](#): Brighter, smoother skin in a single session.
- Medical-Grade [Skincare](#): Noticeable improvements when you start now.

The Tricks: Plan Ahead

These transformations are worth the wait:

- [Surgical](#) Procedures (Breast, Body, Face): Downtime/recovery; best to book now for spring or summer results.
- [CoolSculpting®](#) and Body Contouring: see changes as soon as 1 to 3 months from treatment.
- [Laser Skin Resurfacing](#): Smooth wrinkles and fade sun damage, but allow for at least a few days of downtime.
- Combination Treatments: Multiple appointments, layered for lasting impact.

How to Decide

Work backwards from your goal date:

- Need results fast? → Go for injectables, peels, or facials.
- Planning ahead for bigger changes? → Surgery or advanced resurfacing may be best.
- Either way, book now to enjoy your results when you want them most.

[Book a Consultation →](#)

Ready for a real treat? Here's a glimpse of one patient's glow-up ...



See the Transformation →



The Best Treat: Choosing the Right Surgeon

Surgery isn't a trick — it's a big decision. Our step-by-step checklist helps you know what to ask, what to compare, and how to choose a surgeon you can trust.

[Grab the free checklist now.](#)

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FACIAL**
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Fall Favorites: Self-Care Picks

At Central Ohio Plastic Surgery, we believe feeling great starts with the little things.

Here are a few of our team's favorite fall things:

- A pumpkin marshmallow latte
- Evening walks in the crisp air
- Pumpkin candles (yes, we admit it!)
- A nourishing mask and early bedtime



Want to create your own fall self-care ritual? We'd love to help you find a treatment that feels like a true treat.

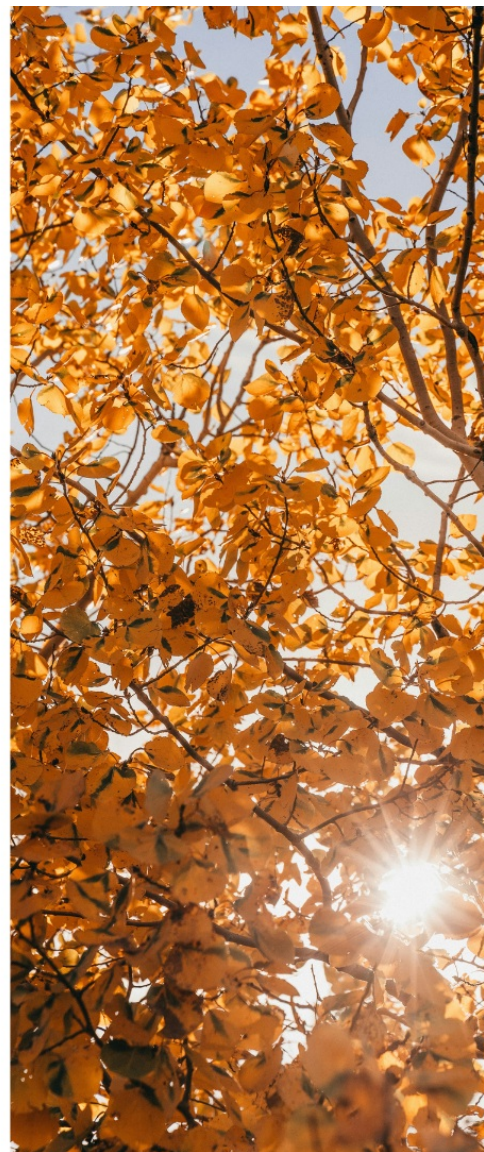
[Discover Your Fall Treat →](#)



Did You Know?

Sunscreen is just as important in October as it is in July.

UVA rays (the ones that cause wrinkles) are year-round.



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