

Central Ohio Plastic Surgery



Some products earn their way back onto the shelf.

This October, SkinMedica® is returning to [**Central Ohio Plastic Surgery**](#).

And no, this isn't about adding six more bottles to your bathroom counter.

It's about finding the products that make sense for your skin, your concerns, and your routine.

Fine lines? Uneven tone? Texture? Dryness? We'll help you figure out what belongs on your shelf — and what doesn't.

[Ask Us About SkinMedica →](#)

Choosing a Plastic Surgeon? Ask the Questions That Matter.

Board certification is important. So is experience. But choosing a plastic surgeon

isn't only about what's on a résumé.



Do you trust the surgeon to recommend what's safe and appropriate for you? Do they take time to **explain the procedure** and answer your questions? Do you feel comfortable being completely honest about your medical history, habits, and goals?

Then there are the practical questions: Where will surgery be performed? Who will administer anesthesia? What happens if you have a question after surgery? What's included in **the cost**?

We put together a simple checklist to help you know what to look for and what to ask before you choose a plastic surgeon.

[Download the Free Checklist →](#)

— BRA DAY —

Bring a Bra.

Give Some Support Too.♡

In recognition of Breast Reconstruction Awareness Day (BRA Day), Dr. Lichten and the Central Ohio Plastic Surgery team are collecting new bras for a local women's shelter.

GET
\$50 OFF
BOTOX®

*Support
Strength
Community*♡

This October, we're collecting new bras for a local women's shelter, and we'd love your help.

Drop one off at our office anytime this month, and as a thank-you, we'll give you \$50 off your next **Botox® treatment**.*

*Offer valid October 1–31, 2026. Limit one \$50 discount per patient.

Medical suitability for the procedure is exclusively the determination of Dr. Lichten.



SAVE \$30
On TNS w/ All starting Oct. 6th

Reward Your Skin *and your wallet!*

Enjoy a complimentary, full size
Even & Correct
Brightening Treatment Pads, 60 ct
with purchase of
SkinMedica
TNS Advanced+ Serum
or
LUMIVIVE System

Plus!
Spend \$200 or more on any other SkinMedica Professional Skincare and receive a SkinMedica discovery kit! (valued at \$45)



The sandals are retiring to the back of the closet. The pool bag has been emptied of its last sandy granola bar wrapper. Your skincare routine might be ready for the same send-off.

Did your skin come out of summer drier than it went in? Are your go-to products coasting on reputation at this point? Fall is a great season to ask about it. You don't need a big reason. Curiosity is good enough, and so is "I'm ready for some me time."

Here's the bonus: fall gives you a little less sun and a little more reason to **give your skin some attention**. Start now and walk into holiday season glowing.

So go ahead. Shed what isn't working. The leaves are doing it, and they look fantastic.

[Book a Fall Facial →](#)

Questions? Concerns? Appointment?
Call Central Ohio Plastic Surgery at 740-653-5064



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